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Appendix V.

[Vide answer to question No. 1766 asked by Mr. J. A. Saldanha at the meeting of the Legislative Council held on the 1st April 1930, page 891 supra.]

Statement showing the different scales of diet for European and Indian patients in Government hospitals.

Ordinary diet for Indian patients.

Nucleus diet—
- Sugar, 1 oz.
- Bread, 4 oz.
- Butter, 1 oz. or ghee, ½ oz. or fish oil, ½ oz.
- Coffee, 2 pints.
- Firewood, 1½ lb.
- Rice, 1 lb.
- Buttermilk, ½ pint.
- Curry powder, ½ oz.
- Tamarind ½ oz.
- Gingelly oil, ¾ oz.
- Salt, ¾ oz.
- Plantain, 1.
- Pepper water, ½ pint.

No. I diet—
- Nucleus diet.
- Mutton, 4 oz.
- Potatoes, 4 oz.

No. II diet—
- Nucleus diet.
- Dhall, 4½ oz.
- Country vegetables, 4 oz.

No. III diet—
- Nucleus diet.
- Fish, 4 oz.
- Potatoes, 4 oz.

No. IV diet—
- Nucleus diet.
- Dhall, 4 oz.
- Country vegetables, 4 oz.

No. V diet—
- Nucleus diet.
- Eggs, 2.
- Dhall, 2 oz.
- Potatoes, 2 oz.

No. VI diet—
- Nucleus diet.
- Dhall, 4 oz.
- Potatoes, 4 oz.
- Country vegetables, 4 oz.

Ordinary diet for European patients.

Nucleus diet—
- Milk, ½ pint.
- Butter, 1 oz.
- Bread, 12 oz.
- Coffee, 2 pints.
- Firewood, 3 lb.

No. I diet—
- Nucleus diet.
- Fried fish, 4 oz.
- Vegetables, 2oz., and potatoes, 2 oz.
- Beef cutlet, 4 oz.
- Plantains, 2.
- Sago pudding, ½.

No. II diet—
- Nucleus diet.
- Eggs 2, porched with toast.
- Fried mutton, 4 oz.
- Vegetables, 2 oz., and potatoes, 2 oz.
- Plantains, 2.
- Rice pudding, ½.

No. III diet—
- Nucleus diet.
- Beef minced, 4 oz.
- Potatoes, 2 oz., and vegetables, 2 oz.
- Table rice, 4 oz.
- Curried eggs, 2.
- Plantains, 2.
- Vermicelle pudding, ½.

No. IV diet—
- Nucleus diet.
- Fish, 4 oz.
- Mutton stew, 4 oz.
- Potatoes, 2 oz., and vegetables, 2 oz.
- Plantains, 2.
- Lime pudding, ½.

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No. V diet—
- Nucleus diet.
- Beef or mutton grills, 4 oz.
- Vegetables, 2 oz.
- Table rice, 4 oz.
- Mutton curry, 4 oz.
- Plantains, 2.
- Custard pudding, ½.

No. VI diet—
- Nucleus diet.
- Irish stew, 4 oz. with vegetables and potatoes, 4 oz.

No. VI diet—*cont.*
- Fish curry, 4 oz.
- Table rice, 4 oz.
- Plantain fritters, 1.

No. VII diet—
- Nucleus diet.
- Chicken grill, 1.
- Vegetables, 2 oz., and potatoes, 2 oz.
- Vegetables curry, 4 oz.
- Lime pudding, ½.
- Table rice, 4 oz.

Special diets for Europeans and Indians for typhoid cases.

- Milk, 3 pints and whey, 2¼ pints.
- Limes 6, for preparing whey.
- Albumin water, 2 pints (6 eggs required).
- Sugar, 3 oz.

For improving dysentery and fever cases.

- Milk, 2½ pints.
- Chicken broth, 10 oz.

NOTE.—Medical officers have discretion to vary the nature and composition of the diets subject to the proviso that the substitute diets so prescribed are not below the standard calorific value and do not cost more than the corresponding diet according to the above scale.

APPENDIX VI.

[Vide answer to question No. 1770 asked by Mr. A. B. Shetty at the meeting of the Legislative Council held on the 1st April 1930, page 894 supra.]

Age periods.	Attacks.			Deaths.		
	Total.	Vaccinated.	Not vaccinated.	Total.	Vaccinated.	Not vaccinated.
Under one year ..	14	5	9	6	3	3
1–6	39	12	27	16	6	10
6—12	52	18	34	8	..	8
12 and upwards ..	246	176	70	30	14	16
Total ..	351	211	140	60	23	37